

APRIL 2024

<u>COMMUNITY SPIRIT</u> <u>AT IT'S BEST</u>

The Village social evening on Monday 26th Feb was well attended as usual but it was also dramatically enhanced by the Short Mat Bowls Team setting up their equipment so that everyone could "have a go"

It started off with all the newcomers hurling the bowls at the little white ball (the jack) with immense vigour and putting those at the far end in serious peril, after some more practice there was a marked improvement and everyone had a very enjoyable time,

Many thanks go to John Spilstead and his team for setting it all up and also to those stalwarts behind the bar who seemed to be working non-stop all evening, we hope that this can be a regular addition to the social evenings and maybe some up and coming 'bowlers' could be found to join the team.



Advance Notice

Following the interest at the combined Village Hall Social Night with Short Mat Bowling on Monday 26th February the bowling club plan to commence a practice session on a Wednesday evening from 7:00pm until 9:00pm. This will allow those in employment the opportunity to try bowling. The evening sessions will commence on **WEDNESDAY 17th APRIL.**

If you would like any further information please contact Gloria or John on 01805 603394 or just come along on 17th April to the Village Hall at 7:00pm.

Short Mat Bowling in Beaford

The Beaford team have played all their games now in the Merton winter league. Although some of the other teams still have a few outstanding games to play it looks like BEAFORD has achieved third place out of 9 teams. A very credible result!

Beaford will be playing a friendly match away at Halwill on Wednesday 3rd April. This provides our bowlers with some match practice before the summer season commences on 1st May.

The club has just taken delivery of a new medium-fast bowling carpet. Our thanks go to all the grantors who helped us raise the monies, especially Beaford Parish Council for their generous donation.

<u>Coffee and Market morning</u> <u>Saturday 9th March</u> <u>Beaford Village hall</u>

Once again, the village turn up to the coffee and Market morning at the Beaford village hall. The usual stalls were in situ selling all manner of exciting items both hand crafted and local handmade produce with the usual White Elephant stall, of course Heddons was as busy as usual selling their fabulous meat, fruit and vegetables. Bacon and sausage Baps were a crowd puller together with cakes tea and coffee.

At the last Coffee and market morning the introduction of artisan bread for sale was a great success and to carry on from that success saw the introduction of a wider assortment of bread and the addition of wonderful cakes. A total sell out. Bread was being ordered (but if you haven't ordered there will still be a wide selection available) for the next market on

13th April. Come and see, you will be surprised how amazing the market is from 10am until 1pm.

Also starting up again (weather permitting of course) CAR WASHING from our team of volunteers, if you can volunteer please come along to help out.



Wow what happened in Beaford on Saturday 16th March?

It was the **famous jumble sale**. The village hall car park was heaving with cars not a place to be had so the lane outside was lined with cars.

A line of people quickly formed and at least 60 were waiting for the doors to open. Wow inside they found an array of bargains. Children's toys, children's cloths books and toys, women's and menswear, kitchen gadgets and array of useful bric a brac. A truly Aladdin cave, everyone enjoyed have a good rummage around to find their outstanding buy.

Tea, coffee and cakes were being sold to the exhausted bargain hunters by an equally exhausted refreshment volunteers.

A big thank you for everyone who brought up their preloved items to be sold.

The Village Hall Committee would like to Thank everyone who was involved from setting up tables, accepting items in to be sorted and putting up for sale, the sales assistants, the coffee shop assistants and everyone who cleared and cleaned up.

Beaford Bells – Spring Update



With Spring upon us, and with it coming warmer and lighter evenings, the Bell Tower has had a little spruce-up. Six new ropes have already been installed, and there are plans for some more improvements to the tower making it more comfortable and homely.

Since my last submission to The Bugle, we've had a new member join the team. John has embraced the training provided with great enthusiasm and is now ringing in 'rounds' as part of our team.

We have three ringers from Beaford, which is absolutely fantastic (the remainder of the team who practice on a Thursday are from other local parishes). We'd love to have more volunteers from the village to join us at practice to create a Beaford Team.

Bell-ringing (Campanology, to give it its correct name) is a fun way of making new friends; it costs nothing to join or attend and will give you a good upper-body work-out for free.

Although the Tower is part of the Church, there is no requirement (or expectation) that you should attend services. Pretty much anyone between the ages of 13 and 90 can take part, no previous experience is required, there is no financial outlay and no equipment is necessary; the only skill that is needed is the ability to count from one to six. The existing team of ringers will provide you with demonstrations, coaching and training for you to become skilled in this age-old tradition

Why not pop along to the church bell tower at any time between 7pm until 8:30pm on a Thursday evening to watch the bell-ringers in action? If you fancy a go you'll be able to try it out there and then.

To find out more about this fun and free pastime, either come along on a Thursday evening or give Martin a call on 603008

News from St George and All Saints, Beaford

Services for April :-

Sunday 7 th April	9.30am	Holy Communion
Sunday 14 th April	9.30am	Morning Worship
Sunday 21 st April	9.30am	All Age Worship
Sunday 28 th April	9.30am	Morning Worship

Altar Flower Rota for April :-7th April Joy Collins 14th/21st April Gillian Underhill 28th April/5th May Sandra Coombes

COFFEE MORNING AT BEAFORD VILLAGE HALL

10am – 12noon

Saturday 27th April

John and Gloria Spilstead will be selling flower and vegetable plants.

Proceeds to the Church Flower Fund.

BEAFORD CHURCH 200 CLUB

The winning numbers for the March draw were:-

1 st	£30.00	No. 3	Annette Gilbert
2^{nd}	£20.00	No. 60	Brian Wingate
3^{rd}	£10.00	No. 63	Annette & Bill Newman
4^{th}	£5.00	No. 78	Sam & Mike Doidge

WARM SPACE HUB

The Warm Space Hub continues to be open on Tuesdays and Thursdays in March. Then it will be open on Tuesdays only from 2nd April10am-12 pm.

The mobile Post Office is at the Village Hall car park 11.30am – 12.30pm.

Have a tea or coffee while you wait!

Tuesday 26th April The Cotton Wool & Yarn mobile shop will also be in the Beford Village Car Park

MONDAY MORNING GROUP

Mondays 9.30am - Friendship, Bible study and prayer, everyone welcome.

MESSY CHURCH

Saturday 30th March, Easter Saturday; 2pm-3pm at Beaford Village Hall

Messy Church is for everyone; there will be some craft activities, light refreshments and a short all age song, story and prayers. This will be run by Curate Ally and volunteers.

From the Rector

Not long before his crucifixion, a group of people approached one of Jesus' disciples and asked if they might 'see' Jesus. Jesus took the opportunity to teach about his impending death on the cross, when he would be 'lifted up' and 'glorified'. You can read the story in the bible, in John 12.20-33.

Crucifixion was designed by the Romans to be the ultimate in suffering and shame. And yet, it is as Jesus is lifted up on a cross, that Jesus can be see for who he truly is... the divine Son of God who loved us humans to the end, dying a death we deserve that we might receive the life he gives. It is as Jesus is lifted up on the cross that he is glorified... an instrument of torture becoming a throne of love. If we want to 'see' Jesus for who he truly is, then we need to look up to the cross.

Wonderful though the cross was, if that had been the end of Jesus, then what a sorry tale it would have been. But it was not. Three days later Jesus rose from the dead. Forty days after that, the ascended to another throne; this one in heaven at the right hand of God the Father.

The conviction of those who have chosen to follow Jesus and be known as his, is that Jesus is alive today. He stands at the door of each and every life, and when we open the door of our lives, he comes in. We need never be alone again.

I still occasionally meet people who aren't sure if they would be welcome to a church service. And just occasionally I meet people who aren't sure, if they came, what they should wear, or what they would need to do. I'd like to assure everyone that they are welcome in any of our churches. There are no rules about what you have to wear. You don't even need to 'do' anything; you're welcome to just sit in the back pew and watch (as long as there's not someone there already – back pews are very popular!). If you want to 'see' Jesus, then come. If you've never met him, we'd love to introduce you. And if you haven't spoken to him in a while, we'd love to help you get reacquainted.

With best wishes

Gary

Now there were some Greeks among those who went up to worship at the festival. They came to Philip, who was from Bethsaida in Galilee, with a request. 'Sir,' they said, 'we would like to see Jesus.' Philip went to tell Andrew; Andrew and Philip in turn told Jesus. (John 12.20-22; NIV version)

Can you play a pipe organ?

Come and earn some extra cash playing at Weddings, Funerals and Sunday Services

Contact – Rob Pearce 01805 603017

BEAFORD CHURCH ORGAN APPEAL

We are making an appeal for funds for our Organ which has been in our Church since 1959. The organ has been regularly serviced but due to not being used it has been deteriorating and unfortunately the pedal section is not working on all the pedals. Unfortunately, replacement boards are no longer available and some of the required components are no longer available.

Therefore, the cost for repairs is in excess of $\pounds4000.00$. If we can raise funds for this repair, we will be able to see the organ being played for at least another 50 years at Weddings, Funerals and Services.

Please can we ask that you give a donation to this much needed work, as much as you can afford, it will be very much appreciated. Thank you

Yours sincerely

Rob Pearce – Focal Minister Richard Heard – Synod Rep for PCC Marlene Jury – Church Warden



Contact Rob Pearce on 01805 603017 for further details

NOTICE - PLANT SALE APRIL 2024

John and Gloria will be holding a sale of flower & vegetable plants at the church coffee morning on Saturday 27th April from 10:00am until noon.

Any donations of unused flowerpots or trays will be gratefully received. These can be left at 'Birdsong' on the main Exeter Road or their collection can be arranged tel: 01805 603394.

All proceeds will be going to the church flower fund.



Now that its officially spring lets think about the beautiful part of the world we live in and take advantage of our very own <u>Exmoor National</u> <u>Park</u>

<u>Wild Coast</u> Exmoor's 34-mile-long (55-kilomettre-long) shoreline is one of the wildest and most remote in England. The six-mile (ten-kilometre) stretches between Combe Martin and Heddon's Mouth, and from Countisbury to Glenthorne, boast such steep cliffs that the water can't be reached by land and few places exist to beach even a small boat. Other parts of the coastline are covered with woodlands running right to the beach, a rare sight in UK.

<u>Moors and Valleys</u> Exmoor is a rolling, open expanse coated with heather moorland and cut by wooded combes, or valleys. Here wild animals such as red deer share space with the sheep and cattle whose ceaseless grazing over the centuries has helped to shape the landscape itself.

<u>Top Cliffs</u> The White Cliffs of Dover may be better known but the highest sea cliffs on the British mainland are found in Exmoor. Great Hangman, near Combe Martin, has a face some 800 feet (250 meters) high. Some of the parks s sea cliffs also feature spectacular waterfalls. Hollow Brook at Martinhoe is among the highest in Britain and plunges some 655 feet (200 meters) to the sea. <u>Wildlife</u> The heath fritillary butterfly, or woodman's follower, is one of Britain's rarest but can be seen here along the fringes where forests border areas of open space. Exmoor ponies, several hundred of which roam the park, may be the closest living relative of the wild prehistoric steeds that once roamed Europe. The ponies aren't wild, however; they are part of park and privately owned herds turned loose to graze on the moor. <u>Human History</u> Humans have inhabited Exmoor for some 10,000 years and left behind tangible evidence of many a bygone era. Prehistoric standing stones, hut circles, and almost 400 burial mounds lie within the park's borders. The Romans left fortifications behind, and three Norman castles survive. The medieval period saw the construction of priories and the landscape settled into a patchwork of farms and settlements, which, in rough form, still exists today.

<u>How to Get There</u> Taunton, Tiverton Parkway, and Barnstaple are nearby rail centres; each is linked by bus to Exmoor. Exmoor itself is served by a network of local bus routes, and coaches can be flagged down anywhere on the moor. In peak summer months the Moor Rover carries everything from luggage and bikes to pets and makes moving from place to place throughout the park easy.



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Sally's recipe for April

ICED APRICOT FRUIT LOAF -

Makes 1 x 2lb/900g Loaf

3oz/75g Glaced Cherries 3 Large Eggs 6oz/150g S.R. Flour 4oz/100g Soft Margarine 4oz/100g Soft Muscovado Sugar 4oz/100g Ready to Eat Soft Apricots Diced 5oz/150g Sultanas **Icing –** 4oz/100g Icing Sugar sifted 1 Tablespoon Apricot Jam 1 Tablespoon Water 2 Apricots chopped

Pre-heat Oven 160c/140c fan, 325f, Gas 3.

Grease and line tin Quarter cherries, wash and dry Mix in all ingredients, Mix Well Then put into prepared tin and level the top. Bake for 1 hour 10mins or until cake is golden and firm A skewer inserted should come out clean. Cool for 10 mins then put on rack to cool. Sift icing sugar into a bowl, heat the jam and water together mix with the icing sugarSmooth over the top of the cake sprinkle a few chopped Apricots to decorate. **Enjoy**

<u>An Interview with a speed</u> <u>watcher from our Beaford team</u>

From starting as a part of the speed watch team my thoughts on driving through small villages that are on main roads has changed, You become more aware of what is around you, for instance parked cars, so you can pull in when you have oncoming traffic, school signs and are there any elderly people walking through the village that may want to cross the road?

Many drivers coming through Beaford do not seem to have any comprehension of the speed they are doing especially by the school sign.

On average the number of cars driving through the village that are speeding is 10 %. There are occasion when the odd driver becomes vocal or gives gestures which I can assure you are not meant to be supportive of our work but that's all part of the job.

We have also been appreciated both by car drivers and villagers walking through the village who recognise the importance of maintaining the speed limit through our village.

Overall, it was recorded that the number of speeding cars has shown a decrease

since the inception of speed watch in our village. We have a good laugh waiting for the cars to come through the village and enjoy seeing and chatting to everyone. Do you fancy joining the speed watch team? If so, please e-mail Sam at -<u>samwhellan@btinternet.com</u>



Save your used postage stamps for RNLI

There is a box located in Beaford Village Hall where you can put all your used postage stamps, please trim the edges leaving a 1cm paper border. The RNLI can raise up to £20 per kilo for their charity. Please help if you can.



Gardening Tips for April

Ornamental Garden

- Sow hardy annuals and wild flower seeds
- Remove faded flowers on spring bulbs but not the foliage until it has withered.
- Mulch beds and borders.
- If the weather is mild, trim the weak or straggly growth of sage and rosemary.
- Check evergreens for any frost damage lightly prune if necessary.
- Look out for early aphid attacks and treat if necessary. Pests will be active outdoors as the weather gets warmer.
- Sweet peas can be direct sown now to produce plants that flower later
- Prune early flowering shrubs such as forsythia etc.
- Feed roses
- Move existing evergreens if necessary.
- Trim back frost-damaged foliage.
- Plant summer flowering bulbs, corms and tubers including dahlia, gladioli and canna.
- Apply a combined lawn fertiliser to combat weeds and moss while giving a boost of nutrients.

Vegetable Garden

- Sow herbs
- Continue planting potatoes and finish planting onion sets by mid-April.
- Direct sow vegetables such as beetroot, carrots, lettuce, radish, turnip, peas, spinach and parsnip.
- Prune young stone fruit trees such as cherries and plums as leaf buds open.

Sow tomatoes in preparation for planting outside in the summer

COTTON&WOOL ON WHEELS – MOBILE YARN & CRAFT SHOP

Have you met Gemma our local mobile craft lady.

She was at the Beaford Village Hall Car Park for the Coffee and Market morning in March. She will be visiting Beaford again on Tuesday morning the 23rd April which coincides with the warm hub and the mobile Post Office, so come along have a free tea or coffee draw some money from the post office and then purchase all your crafting needs from Gemma.

Gemma is also hosting a Glass Fusing workshop in Beaford Village Hall on Monday 29th April.

Contact – gemma@cottonandwool

for further details.



BEAFORD REMEMBERS D DAY JUNE 6TH 1944 80 Years on

It was called Operation Overlord by the allied commanders, the day when the free world invaded "Fortress Europe" and started the long slog to Berlin, fighting the might of the German Army. Air Force, Navy and their allies all the way. It was on the morning of June 6th 1944 that the combined armies of Britain, America and Canada stormed the beaches of Normandy on the French north coast.

First to go in (6:30) were the Americans towards the west of the coast these were designated the codenames of UTAH and OMAHA, next were the **British** (7:30) their targets were GOLD and SWORD beaches towards the east and then the \Canadians attacked JUNO (8:00)

Altogether some 160,000 troops crossed the channel that day and over two million allied soldiers, sailors, airmen, medics and others from a dozen countries were involved in Operation Overlord.

It is still unknown exactly how many were killed on those beaches, historians are still trying to establish the figured 80 years later.

This is why **Beaford** will honour those brave men and women who fought for our freedom by lighting the beacon on **Doorstep Green on June 6th at 9:15pm.** BBQ and bar will open from 6pm



A Date to put in your Diary as Beaford remembers D Day 80

Years on



Join the celebrations in the **village hall on Saturday 8th** with wonderful entertainment, hog roast and bar from 6pm.





Come and investigate the mock up Trenches complete with gas masks, ammo boxes, ration cards and much more. Look for the unexploded bomb! Listen to Churchill's Speeches

Get your dancing shoes on to dance the jive, swing and conga to **The Hummingbirds**





D Day fancy dress to get you "In the mood" as Glenn Miller would play. COME AND JOIN US AT

BEAFORD VILLAGE HALL

FOR A FABULOUS EVENING OF

BINGO

SUNDAY 14TH APRIL

BAR OPENS FROM 6.30PM

BINGO STARTS AT 7.30PM

SNACKS AVAILABLE

10 GAMES AT £1.00 PER STRIP

THEREFORE £10.00 PER BOOK

HIGHLIGHTS OF THE FEBRUARY BEAFORD PARISH COUNCIL MEETING

 The Village Green, councillors have requested the Green is cut early so the contractor will be contacted.
DOG WASTE, the dog bin at Shepherds Meadow is having the poo bags left around it and not placed in it, PLEASE USE THE DOG WASTE BINS FOR PUBLIC HEALTH AND TIDYNESS, THANK YOU.

3. Cllr Lock reported that at the last full TDC meeting the precept increase will be 2.99%, 62% of properties in Torridge are in Bands A, B, C or D.

4. The flooding was discussed at Caddsdown, the details have been sent to Cllr Saywell.

5. Speedwatch Cllr Pearce would like to step back from his role on the Speedwatch team, a successor needs to be appointed, if anyone would like to join the Speedwatch team, training is given please contact Cllr Pearce for more information. Cllr Pearce was thanked for all his effort, hard work and dedication he has put to the role.

6. The voluntary post of Road Warden, a volunteer is sought.

7. Grit for anyone requiring any, a supply is in the grit bin by the school.

8. <u>The DCC website is devon.cc/report-it_or ring</u> 0345 1004 115 Please keep reporting, pot holes, road defects, signs, blocked drains etc. if there is something that needs urgent attention like blocked drains causing icy roads etc please ring in, see number above, a quicker response is more likely, then make a note of the reference number, "what three words" can be used to identify the location <u>9.</u> The next meeting is to be held on Wednesday 27th March 2024.

Waste info over Easter

With the Easter bank holiday fast approaching, Torridge District Council is reminding residents that there will be some changes to their usual waste and recycling collection days.

All refuse and recycling collections normally due on Friday 29th March (Black Bag, Recycling, Garden Waste) will be collected one day later on Saturday 30th March.

Collections for the week commencing Monday 1st April will also be one day later than usual for the whole week.

The normal collection schedule will resume from the week starting Monday 8th April. For further information on collection dates and times, please visit our website at: <u>www.torridge.gov.uk/forms/firmstep/wastecalendar.html</u>

Easter egg packaging is made of various materials such as cardboard, plastic, and foil. These materials can be easily and widely recycled, please see what goes where below;

Cardboard box - Brown bag

Plastic egg packaging - Green box

Foil wrap - Green box

More recycling tips can be found at <u>www.torridge.gov.uk/recycling</u>

Councillor Chris Leather, Lead Member for Waste & Recycling said;

"Easter eggs and other gifts typically generate more waste, so it is important that we keep on recycling throughout the bank holiday weekend. Please check the council's website and social media for more information. Thank you for recycling and supporting the service. I hope that everyone has a great Easter and enjoys the bank holiday weekend!"

Keep the Date

Saturday 17th August

At Beaford Village Hall

A Walk through the Old Testament

Furter information on this live event will be in next months Bugle

Beaford Autumn Show 2024

The date for this year's Show is Saturday 7th September and

The family Dog Show is on Sunday 8thSeptember

This year's schedule will be published in next months Bugle, so you will be able to start planting and growing, making and plan your baking.



USEFUL CONTACTS -

BEAFORD PARISH COUNCIL – Bruce Millward 01805603046 brucemillward@hotmail.com - Angela Snell randasnell@hotmail.co.uk VILLAGE HALL – Committee – Dennis Buswell 01805603551 dennisbuswell@btinternet.com Bookings – Jo Church 01805603008 Joannechurch4@btinternet.com Mon-Fri 9-5 only please BEAFORD BUGLE - <u>elliepearce.77@icloud.com</u> For Articles or Adverts

LOCAL NURSE – Julia Halpin 07771728016 BEAFORD SCHOOL – 01805603263 THE GLOBE INN – 01805603920 TORRIDGE DISTRICT COUNCIL – 01237428700 CASTLE GARDENS SURGERY – 01805623222 TORRINGTON MEDICAL CENTER – 01805622247

BOOK THE BEAFORD VILAGE HALL HIRE RATES -CHILDRENS PARTY £50.00 HOURLY £10.00 WEEKEND WEDDING £400.00 REGULAR BOOKING £7.50 CONTACT JO CHURCH for availability on 01805603008 9-5 Mon-Fri only please